

Resources:

- Netballs
- Bibs

Year 6

Objectives:

- I can proficiently send and receive a ball in a drill and game situation.
- I can move away from my marker to create a clear passing line

Lesson 1

Learning Objectives	Activities	Points to Note	Evaluation
<p>Pupils should learn:</p> <p>Acquiring & Developing 1a Apply knowledge of throwing and catching skills to target.</p>	<p>Warm Up: Agility</p> <ul style="list-style-type: none"> • Footwork drill - face to face mirror. • Scatter Tag - Tagger in middle with ball and bounces to begin. 	<p>Link with heart rate. Safety with heads</p>	
<p>Selecting and Applying 2a Plan strategies of invading marker to receive pass. 2b. Expand basic footwork patterns to move into a space in a small sided game</p> <p>Improving & Evaluating 3a Evaluate effectiveness of pass</p> <p>Knowledge & Understanding 4b Importance of a warm up</p> <p>Games 7a Play a modified small sided end line invasion game. 7b. Use skills and tactics to create passing opportunities.</p>	<p>Main Activities: Attacking</p> <ul style="list-style-type: none"> • In 2 v 1 bib defender. Can you complete 10 passes before the ball is intercepted? • How do we stop A D A line? Move away from marker. Discuss coaching points • Continue with 2 v 1 restricting the over head pass. • Introduce footwork landing rule and pivot. • Divide in four teams and play a simple end line game with netball rules and four passes. • Introduce position in Hi5 netball 	<p>Coaching points moving away from marker</p> <ul style="list-style-type: none"> • Feet outside marker • Head up • Targets • Balls of feet 	
	<p>Cool down: Co-ordination Around the whole and back again.</p>		
<p>Resources for next week Balls, Cones and Bibs</p>			